

A quick guide to how we help young people



Prince's Trust
Northern Ireland

The Prince's Trust supports young people to transform their lives by developing their skills to live, learn and earn. We work with partners and volunteers to offer a variety of programmes to help young people build their confidence, get a job or start a business

Foundations for work

Team is a 12-week personal development programme, giving young people the chance to gain new life and employability skills, work experience and to meet new people. Young people will also take on a community project and take part in an action-packed residential trip.



The Explore programme is often for young people who are furthest away from employment, education, or training. The programme offers a mix of group activities and one-to-one support to young people develop the skills and confidence they need to move forward.

Young people aged 16 to 30, who want to get back into education, can apply for our Development Awards. The awards can cover the cost of course fees, tools, or equipment to help young people achieve their goals.



A week in length, Get Started is an intensive course providing young people with the skills they need to succeed in a specific industry such as music or technology.

Ready for work

Get Hired is an interactive event that allows young people the opportunity to interview with several potential employers.

Unlock Skills for Work is a two day programme aimed to give young people a head start with their job search. During the course participants take part in a range of interactive workshops including confidence building, interview advice and CV development.



Run for two days to a few weeks at a time, Get into allows young people to work with top employees such as Tesco and M&S. Throughout the course young people will be given the opportunity to improve their CV and interview skills.



Dean, 27, from Newtownards was having no success when applying for jobs. Taking part in Unlock Skills for Work gave him the confidence and tools he needed to secure a job with a local restaurant.

“At the interview I actively used the things I had learned from The Prince’s Trust and was delighted to be offered the job.”

Interested in self-employment?

A 3-stage programme designed to help young people from idea to launch, our Enterprise programme helps 18 to 30-year-olds turn their big ideas into a business reality.



princes-trust.org.uk
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