

Home Safety: Medication



- Always take your medication as advised by the doctor.
- Taking 4 or more types of medicine per day can increase the risk of side effects such as dizziness. If this occurs, contact your doctor as soon as you can to review your medication.
- Always read labels and warnings to ensure medications are not mixed up or mistakenly taken for something else.
- A pill dispenser/organiser can be a helpful way of ensuring you take the correct prescription.
- Contact your Pharmacist or GP if you do have difficulty managing medication – they can organise a sealed blister pack to help you.



Do you know?...

- Pharmacists can arrange for your medication to get delivered. If you have trouble collecting your prescription, ask your pharmacist if they provide this service.**
- Unwanted medication can be taken back to your local pharmacy for disposal.**

Why not use this space to write or stick a list of your medication? You could also write when you take that tablet (Morning, Afternoon Evening)

Medication Name

Time of Day

I need to collect my prescription on / My prescription will be delivered on:

Day: _____

Date: _____

Time: _____

**For more information please contact the Home Safety Officer
T: 028 9034 0160 E: envhealth@antrimandnewtownabbey.gov.uk
Or visit the home safety section on our website:
www.antrimandnewtownabbey.gov.uk**