

Mexico



Did you know:

- ✓ The official name of for Mexico is the United Mexican States.
- ✓ There are 31 states in Mexico as well as the capital city (Mexico City).
- ✓ Stone tools have been found in Mexico that suggest the existence of humans there around 23000 years ago.
- ✓ The national symbol of Mexico is the golden eagle which features prominently on the coat of arms.
- ✓ The main language spoken in Mexico is Spanish.
- ✓ Mexican food is known for its range of flavours and spices. Popular dishes include tacos, burritos and enchiladas.
- ✓ The most popular sport in Mexico is football (soccer).

Mexico's People

The Mexican population is made up of three main groups of people. They are the people of European/Spanish descent, Native Americans, and people who are of mixed European/Spanish and Native American ancestry. People of mixed ancestry are called mestizos and make up about 60% of the population. About 90% of the population of Mexico is Roman Catholic.



Mexico's Foods

Mexicans eat a variety of spicy foods that are often flavored with chilies. Fruits and vegetables are important in Mexico and are included in just about every meal.

Many meals are served with tortillas. A tortilla is a flat bread that is made from cornmeal. Tortillas are often served fileed with meats or frijoles (beans) and cheese. Some of the foods that you enjoy, such as tacos, are Mexican foods.

Mexico's Holidays and Celebrations

A fiesta is a festival that celebrates a holiday such as Cinco de Mayo and The Day of the Dead (El Día de Los Muertos). The town celebrates with fireworks, traditional music, dancing, dress and food.

Mexico's Culture

For thousands of years, Mexico's Indians (such as Aztecs and Mayan) were the only people who lived in Mexico. But in 1519, some people from Spain began to conquer and settle Mexico. Over the years the Spanish and Mexican cultures have blended together to form their own rich culture, which we call Mexican.

Weaving and embroidery are among the traditional crafts of Mexico's native Indian people. Just like their ancestors, women bring brightly decorated clothes into the towns to sell in the markets. There are many outdoor markets in Mexico's cities and towns.

Mexican music is oftenplayed with guitars. The mariachi are strolling bands usually made up of 2 violins, 2 trumpets, 2 five-string guitars, and a guitarron, which is a large bass guitar.

Mexico



Craft

Cereal Box Guitar

You will need...

- Empty cereal box
- Kitchen roll holder
- Large rubber bands
- Bits and bobs to decorate your guitar
- Wrapping or coloured paper
- Sellotape
- Pens
- Stanley knife (parents only)

1. Trace and Cut Your Sound Hole

This part, the parents will NEED to do. Trace your circle and use the staney knife to cut it.



2. Add and Secure Your Guitar Strings

Add the rubber bands OVER the cereal box. You can use different sizes of rubber bands (for different sounds). Wrap the sellotape around the outer edge of the cereal box to keep the rubber bands in place and for a decorative look!



3. Make and Add Your Guitar Handle

This is another step that will NEED AN ADULT'S assistance. Cut a hole at the top of your cereal box that's slightly larger than the diameter of the inside of the kitchen roll.

WRAP the wrapping or coloured paper around the kitchen roll and secure into place with clear tape. Then, firmly press the kitchen roll into the hole.



4. Make Your Guitar Pick

Of course you have to have a Guitar Pick! Cut out the guitar pick with a pair of scissors. Ta'da all done! Now it's time to strum the guitar!



Finished Cereal Box Guitar

