



## Home Safety: Living Room

- Keep walkways free from clutter and obstruction.
- Avoid cables trailing across the floor.
- Don't overload sockets as these may cause a fire.
- Repair or replace any carpets or rugs in poor condition that may cause you to trip.



- You should be able to access curtains or blinds easily to reduce overstretching when opening or closing them.
- When choosing furniture such as chairs or sofas make sure they offer good support and are easy to rise from.
- Ensure your room is well lit. Energy Saving bulbs are recommended for lamps and ceiling lights.
- Place candles on heat resistant surfaces and do not leave them unattended.
- Extinguish cigarettes properly and do not smoke when feeling tired.

For more information please contact the Home Safety Officer T: 028 9034 0160 E: envhealth@antrimandnewtownabbey.gov.uk Or visit the home safety section on our website: www.antrimandnewtownabbey.gov.uk