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Community Planning

Community Planning is “a process led by Councils in conjunction with partners and communities to develop and implement a shared vision for their area, a long term vision which relates to all aspects of community life and which also involves working together to plan and deliver better services” (Community Planning Foundation Programme, Department of the Environment). The Community Plan is a plan for the Council area but it is not the Council’s plan. Community Planning is based on meaningful co-operation and collaboration across the Public Sector with a shared responsibility between partners to achieve outcomes.

The active involvement of central government departments acknowledges the role of Community Planning in the delivery of the Programme for Government. We will work with other support partners, strengthening the expertise and knowledge of the Partnership, enabling the development and implementation of actions in the plan. We are committed to continuing to engage with the local community to ensure that the needs of our citizens remain at the heart of what we do. We understand the importance of enabling others to be involved in Community Planning. We will encourage local community and voluntary sector groups, churches, schools and sports clubs, and other organisations to participate in Community Planning in their area. By establishing a Place Shaping Forum in each of the Council’s District Electoral Areas (DEAs) we will seek to ensure a local approach to the delivery of the Community Plan.

The Local Government Act (NI) 2014 requires the Council and its Community Planning Partners to make arrangements to monitor progress against meeting the outcomes of Community Plans and the effectiveness of the actions taken in aiming to achieve these. The legislation requires that Councils report to the public by way of a published statement highlighting progress on outcomes achieved and actions taken. The statement is to be published once every two years with the first of these required within two years of the publication of the Community Plan. The statement includes both the progress made in the achievement of the outcomes and on the performance of the outcomes.

Statement of Progress

The statement of progress provides an opportunity for Antrim and Newtownabbey Community Planning Partnership to collect and collate progress to date in order to update the public on the Love Living Here Community Plan.

The content of the statement includes a restatement of the vision, narrative, outcomes and where we are with them, any recent available data for our population indicators, coupled with an update on collaborative activity being progressed by partners. The statement also provides an opportunity to highlight the effective collaborative relationships across the Partnership and the excellent work that is being progressed, both in the short and long term.

This statement provides a summary of each Love Living Here outcome, their context and rationale, the story behind its baseline, progress to date and relevant case studies.
A Shared Vision for 2030

1. Our citizens enjoy good health and wellbeing

2. Our citizens live in connected, safe, clean and vibrant places

3. Our citizens benefit from economic prosperity

4. Our citizens achieve their full potential

Antrim and Newtownabbey is a resilient, socially responsible community where citizens enjoy a high quality of life.

Wildly Important Goal
Our vulnerable people are supported
1. OUR CITIZENS ENJOY GOOD HEALTH AND WELLBEING

Our Priorities

- Antrim and Newtownabbey is a place where people of all ages value their health and wellbeing and look after it in a variety of ways and encourage others to do so too.
- Exercise and physical activity are acknowledged as important ways to stay well both physically and mentally.
- There is provision of accessible recreational and leisure opportunities for all our citizens.
- The value of other activities such as volunteering, participating in local clubs and groups and learning new things as ways to look after our emotional and mental wellbeing is recognised.
- The particular needs of an ageing population are met so that our citizens can live long, healthy and independent lives in their own homes if that is their wish.
- The particular needs of the most vulnerable in our community are met so that they can live active and healthy lives. These needs may include access to leisure or play facilities, access to appropriate advice and support or access to services.

2. OUR CITIZENS LIVE IN CONNECTED, SAFE, CLEAN AND VIBRANT PLACES

Our Priorities

- Getting around our Borough is easier for those who don’t have access to a car and for those who would prefer a more active mode of transport.
- Our town and village centres are vibrant places where people live and where they spend their leisure time.
- Our citizens can be active participants in community life, if they wish to be, with opportunities to participate in clubs and activities and to get involved in volunteering.
- Our towns and villages, and our green and open spaces, are clean and vibrant places which our citizens have pride in.
- Our natural environment is valued.
- Local people get involved in decisions on the future development of their areas through the Place Shaping Forum.

3. OUR CITIZENS BENEFIT FROM ECONOMIC PROSPERITY

Our Priorities

- Our local economy thrives, with local businesses starting up, growing, expanding and generating employment.
- Enterprise and innovation are encouraged and supported from an early age to build businesses and entrepreneurs of the future.
- Our area has a skilled population and infrastructure which is attractive to investors and employers.
- Barriers to accessing employment are reduced or removed enabling all of our citizens to have equitable access to the opportunities available in the Borough.

4. OUR CITIZENS ACHIEVE THEIR FULL POTENTIAL

Our Priorities

- A range of formal and informal learning opportunities are available.
- There is a culture of lifelong learning in Antrim and Newtownabbey with a range of opportunities to acquire new skills and qualifications.
- Our children and young people achieve throughout their education and progress to employment.
- Our children and young people are ambitious and inspired to achieve from an early age.
- The range of ways in which people learn, and develop skills for life and work, is acknowledged through availability of placements, internships and apprenticeships.

WILDLY IMPORTANT GOAL: OUR VULNERABLE PEOPLE ARE SUPPORTED

Our Priorities

- Our ageing population is supported to live active lives as part of their community.
- Our ageing population is supported to live as contentedly and independently as possible for as long as possible.
- Our young people are supported to access opportunities which enable them to fulfil their potential.
PRINCIPLES

The four outcomes in the Community Plan are based on the following eight principles. The principles are important to developing a Community Plan which will meet the needs of all the citizens of our Borough.

EQUALITY
The statistical evidence has shown that inequalities exist across the outcome themes. Proactive measures and targeting of areas most in need will aim to ensure that the varying social and economic needs of communities across the area are addressed. The overall aim will be to raise living standards in the most deprived areas up to at least the average of the rest.

SUSTAINABILITY
We wish to adopt a sustainable approach to social, environmental and physical development. This means making sure that the impact of what we do is long term and based on the needs of our citizens. We also want to make sure we protect the valuable built and natural environment that exists in the Borough.

CONNECTIVITY
We need to improve the social and physical connections throughout the Borough. This includes examining and seeking ways to improve our roads, paths, transport networks and digital connectivity.

We would also like to improve the social connections between residents across our Borough creating greater cohesion.

OPPORTUNITY
We are fortunate that there are a lot of positive qualities about our Borough including our schools and colleges and the variety of high quality businesses based here. We want to build on this and increase opportunities for our citizens in training, education, and employment. We want our first class leisure facilities to continue to provide opportunities for participation in a range of leisure activities.

INCLUSIVITY
We want to promote a culture of tolerance, acceptance and inclusivity for all our citizens, which will link all elements of the Community Plan.

VITALITY
We need to increase or restore vitality to communities both physically and socially by providing citizens with opportunities to be part of popular and inclusive events and activity in their area.

CAPABILITY
We want our citizens to be able to take advantage of any opportunities created through Community Planning. At the moment, this ability varies across different communities and we want to address this. The different skills levels across the Borough can act as a barrier to employment and enterprise and we want to find solutions to address this.

COMPASSION
We want to care for and support our neighbours and the vulnerable within our community. Social responsibility will be built into the Community Plan and is reflected in our vision for Antrim and Newtownabbey.
The Community Plan for Antrim and Newtownabbey is **ambitious**

As a Partnership, we want to tackle some of the most difficult issues which have affected our residents for many years:

- We want our citizens to be healthy, both physically and emotionally
- We want to help our citizens to know their neighbours, to be active members of their community, using local facilities and supporting local businesses.
- We want to find ways to overcome the barriers to travelling around our Borough by improving the public, social and active transport networks
- We want to support our local businesses to start, thrive and survive
• We want all of our citizens, of all ages, to be all that they can be

And finally, our wildly important goal is that those who most need our support to be healthy, to be connected, to prosper and to fulfil their potential are supported to do so.
How we are delivering the plan

The wide reaching and multiagency nature of Community Planning is such that achieving streamlined and agile structures for its delivery presents a significant challenge.

The structures have expanded from the initial Officers Working Group and Partnership to now include six thematic groups and seven place shaping forums. As delivery mechanisms for the various actions in the Community Plan are refined it is anticipated that the structures will contract again.

A marked strength of Community Planning in Antrim and Newtownabbey is the breadth and depth of participation at the Outcome Delivery Group level. Including as it does, representation from key voluntary sector organisations, their relevant knowledge and expertise is actively informing programme development.

From the outset it was proposed that the Community Plan would reflect local need. Early on in our analysis we found significant gaps between the figures for the highest and lowest ranked wards in health, in attainment and in employment.

The 7 District Electoral Areas (DEAs) in the Borough have provided the opportunity to disaggregate the figures for the Borough into smaller areas which tells a different, and arguably more accurate, story about the factors to consider in achieving our outcomes.

Whilst the ambitions of our plan remain consistent, how we achieve them will reflect local conditions. The Place Shaping Forum in each DEA provides a platform for local and neighbourhood groups to participate in, and influence, Community Planning activity in their area. If we can achieve a complementarity and synergy between local delivery plans, which are informed by local intelligence, and Borough wide initiatives which are driven by regional policy, there is potential for Community Planning to deliver real and significant change for our residents.
The Outcome Delivery Plan

Community Planning provides a huge opportunity for public bodies, key stakeholders, and communities to shape the future. The public sector reform which has taken place in recent years is really a perfect storm: new powers to councils; streamlining and centralisation of services; and increased/ increasing pressure on resources; all these factors are a catalyst for a new approach to providing public services. Community Planning can provide a framework for that new approach.

Where possible, the Antrim and Newtownabbey Community Plan avoided the inclusion of existing actions. Equally, efforts were made to minimise inclusion of initiatives that would have been progressed regardless of Community Planning. Exceptions were made for those initiatives which were developed, or delivered, differently because of Community Planning i.e. in a multi-agency and collaborative manner.

A core tenet of Community Planning is that outcomes cannot be delivered by a single organisation. The issues which affect the health and wellbeing, economic prosperity and development of our residents and communities are multi-faceted and complex. They require multi-faceted, but not necessarily complex, solutions.

A significant part of the value of Community Planning to date has been the collaboration and partnership working which brings to bear a range of expertise and resources. By examining the issues in our communities from a range of perspectives, we have identified elements which drive, and compound, each other. This assists the partnership in identifying how and where to develop interventions where there is the most leverage and where our actions will address the causes, and not the symptoms, of the challenges faced by our residents.

This “upstream” approach, coupled with avoiding a plan which was patchwork of existing initiatives, has been largely positive and has sought to address any emerging issues in aligning the various initiatives along the way. This has meant the plan has remained true to the collaborative focus of Community Planning. There have been some notable ‘quick wins’ in the first fifteen months of delivery (since April 2018), such as the implementation of the ‘Take Five’ initiative within the Borough and delivery of a Jobs and Careers Fair at the Valley Leisure Centre coupled with the establishment of genuine and effective relationships.

Work has commenced on delivering a number of the actions in the Outcome Delivery Plan, detail of which is provided in the following sections. For the purposes of reporting, a delivery phase start date of 1st April 2018 has been assumed. Given the long term view of the Community Plan and its intent to achieve noticeable change by 2030, it is understandable that outcomes will not be evident on the basis of 15 months delivery. At this early stage, in many areas of the partnerships work, the priority has been, and should be, increasing our knowledge and understanding of the themes.

To support delivery of the actions we have seen the expansion of the Community Planning Partnership structure to include six thematic groups and seven place shaping forums.
## Actions to commence within 2 years

<table>
<thead>
<tr>
<th>Outcome/ Goal</th>
<th>Actions planned</th>
<th>Some actions progressed</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Our Citizens Enjoy Good Health and Wellbeing</strong></td>
<td>Take 5 framework developed for primary school age children</td>
<td>Take 5 working group established and framework for primary schools is being piloted in two DEAs.</td>
</tr>
<tr>
<td></td>
<td>Take 5 framework used to develop workplace health initiatives</td>
<td>Take 5 working group established and after the initial launch date 6 of the 15 Community Planning partners have had in-house Take 5 launch events for staff and others, within their respective workplaces.</td>
</tr>
<tr>
<td></td>
<td>Take 5 framework used in communities by groups and individuals</td>
<td>Take 5 working group established and 30 community groups from our Borough have participated in the South Antrim Community Network’s Take 5 themed small grants scheme. Libraries across Antrim and Newtownabbey Borough have been promoting Take 5 to communities.</td>
</tr>
<tr>
<td></td>
<td>Support an enhanced public health role for community pharmacies</td>
<td>Work is being progressed with local pharmacies and community organisations.</td>
</tr>
<tr>
<td><strong>Our Citizens Live in Connected, Safe, Clean and Vibrant Places</strong></td>
<td>Transport solutions to be developed based on pilot accessibility studies for each of the following themes: health, employment, education</td>
<td>Meetings have been progressed to explore both short, medium and long term transport solutions.</td>
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<tr>
<td></td>
<td>Ensure we have a robust and resilient community and voluntary sector by developing</td>
<td>Information on volunteering opportunities and how to develop these is being progressed. The</td>
</tr>
<tr>
<td><strong>Our Citizens Benefit from Economic Prosperity</strong></td>
<td><strong>Community Planning Partners engage with the development of the economic development strategy for the Borough</strong></td>
<td><strong>Council’s Economic Development Team and key stakeholders have been collaborating with other partners to provide integrated support for businesses.</strong></td>
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<tr>
<td></td>
<td>Establish an Employability and Skills/Economic Think Tank Forum</td>
<td>This was established in November 2017 and will be reviewed to maximise progress.</td>
</tr>
<tr>
<td>the capacity of volunteer management committees</td>
<td>Spirit of Volunteering awards are held bi-annually to celebrate volunteering within our Borough. Increased relationships with Volunteer Now and partners to explore policy and programme development.</td>
<td>Speed Indicator Devices have been implemented by the PCSP and the PSNI with local villages supporting the programme.</td>
</tr>
<tr>
<td>Rural Road Safety Programme focusing initially on the 18 villages in the Borough</td>
<td></td>
<td>Five of the seven DEAs identified this outcome or a similar theme as a priority through the Place Shaping Forums. Action plans are developing in each of these DEAs.</td>
</tr>
<tr>
<td><strong>Our Citizens Achieve Their Full Potential</strong></td>
<td>Enterprise programmes (Business School Linkages)</td>
<td>Promotion of the Social Enterprise Programme has been ongoing through social media and the Place Shaping Forums.</td>
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<tr>
<td></td>
<td>Promote the value of lifelong learning through an annual festival of learning</td>
<td>This is being developed and progressed by the Outcome Delivery Group to provide an opportunity to promote and encourage participation in a variety of learning based activities.</td>
</tr>
</tbody>
</table>

| **Wildly Important Goal – Our Vulnerable People are Supported** | Develop a multi-agency support hub | MASH was launched and has succeeded in providing accurate information and a tailored plan of support for those in attendance. |
## Actions to commence within 2-5 years

<table>
<thead>
<tr>
<th>Outcome/ Goal</th>
<th>Actions planned</th>
<th>Some actions progressed</th>
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<tbody>
<tr>
<td><strong>Our Citizens Enjoy Good Health and Wellbeing</strong></td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>Community Growing Programme</td>
<td>Allotments have been installed in two DEAs to encourage community engagement with healthy eating.</td>
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<tr>
<td></td>
<td>Antrim and Newtownabbey Age Friendly Initiative</td>
<td>Engagement with community groups carried out in 2018 and Age Friendly asset mapping with Community Planning partners commenced in March 2019.</td>
</tr>
<tr>
<td></td>
<td>Antrim and Newtownabbey Age Well Initiative</td>
<td>Presentation at Antrim and Newtownabbey Pensioner’s Parliament April 2018 to introduce Co-Production approach and associated survey.</td>
</tr>
<tr>
<td></td>
<td>Improve access to and provision of play and recreational facilities across the Borough</td>
<td>The Council’s leisure strategy is being developed with partner organisations to remove the barriers for our citizens using play or recreational facilities.</td>
</tr>
<tr>
<td></td>
<td>Improve access to and provision of play and recreational facilities across the Borough for people with a disability</td>
<td></td>
</tr>
<tr>
<td><strong>Our Citizens Live in Connected, Safe, Clean and Vibrant Places</strong></td>
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<tr>
<td></td>
<td>Develop a methodology to streamline the matching process for volunteering (e.g. an app)</td>
<td>New ways to link volunteers to opportunities are being developed by partner organisations, for example, Volunteer Now is developing a new database.</td>
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<td></td>
<td>Promote and secure commitment to the principles underpinning Investing In Volunteers (IIV)</td>
<td>The implementation group held a good practice and information sharing workshop in May 2019.</td>
</tr>
<tr>
<td><strong>Employer Supported Volunteering Scheme</strong></td>
<td>The workshop held in May was designed to ensure that the correct person from each organisation was identified to discuss an Employer Supported Volunteering Scheme.</td>
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**Our Citizens Benefit from Economic Prosperity**

<table>
<thead>
<tr>
<th>An integrated support structure for business &amp; enterprise (including social)</th>
<th>The Employability Think Tank developed further support for local business &amp; enterprise (including social), and is progressing an employability initiative by looking at the skills gap within our Borough.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Employability Initiative</td>
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</table>

**Our Citizens Achieve Their Full Potential**

<table>
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<tr>
<th>Transition mentoring programme Peer Mentoring and external mentoring programmes in schools</th>
<th>The Outcome Delivery Group is progressing plans to map the current mentoring programmes to identify the need for development.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Address aspiration amongst primary and post primary school pupils through role models</td>
<td>An action plan for a role models scheme is being developed through the Outcome Delivery Group.</td>
</tr>
<tr>
<td>Address aspiration in working age population including parents</td>
<td>This is being explored through the Neighbourhood Renewal Partnership.</td>
</tr>
<tr>
<td>Develop an integrated approach across partner organisations to apprenticeships, internships, placements and work experience</td>
<td>Exploration and mapping exercise on how to gather data on the current opportunities within partner organisations is ongoing.</td>
</tr>
<tr>
<td>Develop an integrated approach across partner organisations to the development of a social clause policy</td>
<td>This has been linked to the Employability and Skills/Economic Think Tank and is being progressed through this.</td>
</tr>
</tbody>
</table>
### Wildly Important Goal – Our Vulnerable People are Supported

| Antrim and Newtownabbey Age Friendly Initiative | Noted above in Outcome 1 |
| Antrim and Newtownabbey Age Well Initiative | Noted above in Outcome 1 |
| Address the issue of young people who have disengaged, or are at risk of, disengaging with education | Youth engagement has been an ongoing discussion through each of the Outcome Delivery Groups and will continue to be developed with this action in mind. |

### Actions to commence in 5-10 years

<table>
<thead>
<tr>
<th>Outcome/ Goal</th>
<th>Actions planned</th>
<th>Actions achieved</th>
</tr>
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<tbody>
<tr>
<td><strong>Our Citizens Live in Connected, Safe, Clean and Vibrant Places</strong></td>
<td>Develop the active travel infrastructure in the Borough</td>
<td>The Community Planning Partnership is exploring and assessing the necessary actions to develop this.</td>
</tr>
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In addition, there are a number of “enabling actions” which are functions of the Partnership and which are facilitated by the Council.

- Ongoing sharing of relevant information between Community Planning Partners
- Ongoing Communication and engagement with residents to secure local participation in Community Planning
- Promote effective partnership working
- Communication and awareness building around Community Planning
- Collaborative Management and Development of Physical Assets
Outcome 1 – Our Citizens Enjoy Good Health and Wellbeing

Context and Rationale:

We want the citizens of Antrim and Newtownabbey to experience good health and wellbeing so that they are able to enjoy life to the full regardless of their age, where they live or their socio-economic background. However, we know that good health is not consistent across our Borough and there are inequalities in health and wellbeing which need to be addressed.

Better health is not determined by better health services, it is influenced by a wide range of factors (social determinants) such as deprivation, housing, lifestyle and opportunities. As such, whilst an explicit outcome in Love Living Here, there is also a recognition that health and wellbeing is an underpinning / crosscutting strand which is impacted upon, and impacts upon, all other dimensions of the plan.

From a Partnership working perspective, emotional and physical health and wellbeing are areas where there is considerable scope for collaborative working and greater long term benefit.

Our ageing population and the associated pressure on services is a regional issue. Community Planning provides a lens for Partners to examine what this really means for local service delivery.

Indicators and Baselines

The current indicators for health and wellbeing – at a population level – are considered by the Partnership to be reasonable proxies for measurement of changes to good emotional and physical health and wellbeing.

The figures for Antrim and Newtownabbey continue to follow the upward trend in the Northern Ireland statistics albeit the trend is slowing.

The Story Behind the Baseline

In the 2011 census, 81.09% of our residents reported that they were in good or very good health, however through the engagement process to develop Love Living Here our residents requested early intervention and prevention measures to tackle the causes of ill health and ensure wellbeing. They also asked for enhanced support services to combat the causes and effects of poor mental health and risk of suicide.
Behind the trends in hypertension and mood/anxiety as the “bellweather” indicators, there are a range of statistics that illustrate the need for a new type of intervention in this field. The 2019 annual health inequalities report published by the Department for Health identifies a number of areas where the variances between figures for local areas and for the Borough, or between the Borough and Northern Ireland are considerable.

- 5 health outcomes are worse than the NI Average, most notably Primary 1 Pupils who are overweight or obese and circulatory admissions.
- 5 health outcomes were better than the NI Average most notably alcohol related admissions, respiratory admissions and potential years of life lost
- The largest inequality gaps are drug related mortality, alcohol specific mortality, admissions for self-harm, alcohol related admissions and suicide
- The most notably widened gaps relate to suicide, cancer incidence and Year 8 students who are overweight or obese.

**Attaining this Outcome – the Actions**

Research tells us that lifestyle, including education and awareness and access to recreation facilities, have an impact on health and wellbeing. Stress, family history and obesity can all affect hypertension levels as can the environment people live in.

Engagement told us how important it was that there was better partnership/collaborative working between the statutory, community and voluntary sector to ensure joined up service provision and maximum value for money.

**Take 5 Steps to wellbeing** provides a framework for preventative and remedial interventions in relation to physical but primarily emotional health. It provides a framework within which to mobilise existing resources and identify local opportunities. Take 5 acts as the umbrella under which a range of services and activities (delivered by a variety of partners) will be promoted to primary school pupils, to community groups and residents, and to employers.

**Age Well** takes cognisance of our ageing population and their evolving needs. The approach which is being taken reflects the desire expressed by our residents to be part of the discussions which shape the services delivered to and for them. By housing **Age Friendly** under the Age Well umbrella, the Partner organisations are able to review and align what they do against the World Health Organisation’s 8 Age Friendly domains. The co-production approach which we will take to developing the age well and age friendly agendas in our Borough will lead the way in citizen first service delivery.

The assets based approach which the Partnership took to developing Love Living Here identified the positive view our residents have of the green and open spaces available to them in the Borough. As such, enhanced provision, access and more sharing of green spaces and sports facilities including walkways, cycle paths and play facilities for children and young people including those living with disability will play an important role in achieving the ambitions of Love Living Here.
Improving access to play and recreation will focus on reducing and remove the barriers to participating in sport, play and physical activity for residents of all ages and for those with a disability.

Success Reported
Antrim and Newtownabbey Borough Council’s Annual Report 2018-19 reported the success of a substantial increase in the uptake of leisure memberships from 7,178 (2017-18) to 9,045 at the end of 2018-19 which is an increase of 26%.

Community Growing will link the themes of nutrition and volunteering with the increasing interest in cultivating allotments and raised beds in communities and in schools. Bringing to bear expertise in health and in horticulture within a framework of community involvement, we hope to embed healthy eating with key audiences (children and older men).

Community Pharmacies play an important role in the health of local communities, one which has the potential to increase given the right circumstances and opportunities to collaborate. At the same time as our engagement was taking place, there was growing recognition on a UK wide basis of the role green and social prescribing could have in improving health and quality of life. As this movement grows and gains credibility, it is planned that the Partnership will explore how it can integrate with local health care and pharmacy structures.

Data Development Agenda
To be able to measure our success, we need to know more about:

- Measures of emotional health and wellbeing in school age children
- Data on levels of isolation and risk of loneliness

Key Partners
The Outcome Delivery Group includes the following active members:

- Community Planning Partners – Antrim and Newtownabbey Borough Council; Health and Social Care Board; Libraries NI; Northern Health and Social Care Trust; Public Health Agency; Sport NI; Volunteer Now
- External Partners – Mindwise; National Trust; South Antrim Community Network; Playboard

CASE STUDY – Take 5
A launch event was held for Take 5 within Antrim and Newtownabbey Borough on 17th May 2018 with over 60 attendees. This event was organised through the Take 5 Working Group who developed an action plan to implement the Take 5 framework across the Borough. This event delivered a variety of presentations demonstrating how Take 5 was already in use for some partner organisations and also provided the opportunity for partner organisations to pledge to use Take 5.

Currently 6 partners have had internal launch events for Take 5 within their organisations and additional partners have used the framework to enhance events
which relate to Take 5. The Outcome Delivery Group led to a good collaboration between partner organisations and other organisations with a relevant interest in Take 5. Further engagement with other partner organisations would enhance the implementation of Take 5 within the workplace and across our Borough.

One of the main benefits of Take 5 is that it uses existing structures and resources which has made this framework easily adaptable for a variety of organisations and purposes. As such, it is not only useful within the workplace but in schools and communities across our Borough. 20 schools across Antrim and Newtownabbey and Mid and East Antrim Borough Council areas are taking part in an Education Authority Take 5 pilot. In April 2019 a total of 1903 primary school pupils participated in BEE SAFE awareness raising activities for Take 5. A menu for Take 5 in schools is required, as much of the current resources were developed for adults, this is being progressed through the Take 5 working group. Similarly, a particular framework is necessary for community and youth groups to adapt to their needs. Currently within our Borough 30 community groups have participated in South Antrim Community Network’s Take 5 themed small grants scheme. With Take 5 being a flexible framework it is feasible that the number of schools and community/ youth groups being involved will continue to increase.
Outcome 2 – Our Citizens Live in Connected, Safe, Clean and Vibrant Places

Context and Rationale

The focus of this outcome is community wellbeing and how to achieve it. The focus is less on individual need and more on the needs and aspirations of communities. It emphasises a sense of pride and connectedness to where we live. As such it is a many sided concept.

According to the engagement carried out to develop Love Living Here, the characteristics of a “healthy” community are considered to be that it is one where:

- people have a sense of connection to one another,
- residents feel safe to socialise,
- the environment is clean and well maintained and where people are proud to live,
- there is a sense of vibrancy with plenty of community events and activities to enhance that sense of belonging.

Connected

Participation in community life, whether as a volunteer, or as a member of a group, is known to have positive impacts on mental and emotional wellbeing for the individual, as well as enabling the development of new skills which can aid employability.

It is also recognised that volunteering or participating in a community activity widens the networks of those who could otherwise be socially isolated, and increases inclusion of those who are marginalised or vulnerable.

It is therefore important that we maximise the opportunities for our citizens to become actively connected and engaged with their community.

This commitment to voluntary activity gives rise to a sense of community and community spirit, which our citizens consider is an important aspect of living in the area. However, awareness of, and engagement in, community organisations and clubs is not consistent across the Borough.

This means that the awareness of opportunities to volunteer and the understanding of the benefits of volunteering, both for the individual and for the wider community, also varies.

Through the work of the Community Planning Partnership, it is our aim that citizens can be active participants in community life. By promoting and facilitating community spirit and volunteering, we will enable individuals to feel as though they are making a positive contribution to the place in which they live and grow. Through support for the development of local community leaders and a strong sustainable community sector, we will ensure the vibrancy of community structures.

Community organisations are the fabric of local areas providing activities, events and opportunities to volunteer. The focus of the Outcome Delivery Group has been on volunteering, an issue which connects public services and CVSE sector. It is currently
looking at the relationship, which exists with the public sector as funders and promoters of good practice; as well as sources of volunteers to support communities.

Throughout the engagement phase, local people expressed their desire to get involved in decisions on the future development of their areas. By establishing the Place Shaping Forums in each District Electoral Area (DEA) we aim to share ownership of both the challenges facing communities and the solutions to them. In the medium to longer term, community engagement in the development of policies and services through a co-design model, will ensure services are responsive and tackle the real needs of the community.

Safe, clean and vibrant refers to quality of environment we live in. Residents told us their ideal was that town and village centres were vibrant places where people live and where they spend their leisure time. They described our green and open spaces as positive assets to living in the Borough and expressed their wish that they be clean and vibrant places that our citizens have pride in.

They also expressed a need for a sense of safety in such places, describing the night time economy of town centres as being negatively impacted by a sense of not feeling safe in the area. This unease can equally be applied to some of the parks and green spaces in the area where, if appropriately animated, community activity could thrive.

In rural areas in particular, road safety was an area of paramount concern and residents called for measures to increase road safety and deal with speeding and high traffic volumes.

Connected in the context of this outcome does not solely refer to social connections, as the physical and digital connectivity of our Borough is also an area for improvement with requests for increased public transport options to enable access to key centres and open spaces.

**Indicators and Baselines**

- Access to sustainable and affordable transport
- % non-car journeys
- % people who are volunteers / members of a group / sports club
- % vacant non-residential units in town centres
- Town centre / village footfall
The Story Behind the Baseline

In Antrim and Newtownabbey there are an estimated 298 community groups registered with the Council. According to the 2011 Census 15,014 people in our Borough volunteer. According to Volunteer Now there are currently 182 organisations actively promoting volunteering opportunities in this area with 464 active opportunities. Approximately 4172 people are volunteering through Volunteer Now promoted opportunities. However, it is worth noting, not all organisations with opportunities to volunteer use the Volunteer Now database.

Measuring the level of hidden volunteering is a challenge – for example churches, PTAs and sports clubs which draw their volunteers from their own membership without the need to go through organisations such as Volunteer Now.

To assist this, additional sources of information on groups engaging volunteers have been identified: NIYSA registration forms (Youth Service) ask for numbers of volunteers and volunteer hours; South Antrim Community Network holds information on the numbers of volunteers in member groups; the Kids Life and Times Research is likely to provide some insight, and the Young Persons Behaviour and Attitude report asks questions about volunteering/community work.

Regardless of the challenge of quantifying the level of volunteering activity in the Borough, we have acknowledged the need for good practice across the community and voluntary sector and the organisations which support volunteering. The fact that organisations are starting to fall as a result of their ageing volunteering base has been noted and it is proposed that for committees and improving their capacity will drive new opportunities.

Good governance guidance is that volunteers are recognised. This is currently done in a number of ways such as Millennium Volunteers certification, the Council’s Volunteer Accolades and the PCSP Youth Awards.

This may also counteract the negative impact on voluntary activity which is perceived to have resulted from increased regulation in a lot of different areas – e.g. Charities Commission registration, food hygiene certification, insurance requirements amongst others.

Attaining this Outcome – the Actions

Connected:

Creative and integrated transport solutions are what is required to address the issue of easing travel around the Borough for those who do not have a car. In the first instance, the focus is on how the residents of areas with the highest levels of long term economic inactivity / unemployment can access the areas where educational, training and employment opportunities are available.

In addition, careful consideration is being applied to identifying the gaps in provision, which present a barrier to young people accessing education and employment and to older people in accessing health and social care services.
The vast and diverse range of community and voluntary sector organisations which operate in neighbourhoods and villages across Antrim and Newtownabbey are the lifeblood of local communities.

A suite of actions which support volunteering – through groups which operate on a voluntary basis, support for development of Employer Supported Volunteering, good practice development and development of a mechanism to improve matches between individuals who would like to volunteer – will all contribute to delivering on the connectivity and health benefits of volunteering.

**Safe:**

A rural road safety initiative which includes the installation of Speed Indicator devices in 18 villages in the Borough will address speeding and road safety in rural areas. Coupled with work with local primary schools and village committees, local communities will be actively involved in addressing this issue in their own areas.

**Clean and Vibrant:**

Through the DEA Forums, local action plans focus on developing and implementing initiatives – led by both community and statutory bodies - which encourage a sense of community and which create and maintain clean and vibrant community spaces and town centres.

**Success Reported**

Antrim and Newtownabbey Borough Council’s Annual Report 2018-19 reported 79% of residents surveyed feel proud in their surroundings, an impressive increase of 12% from the previous year (2017-18: 67%).

**Data Development Agenda**

- Active Travel statistics at LGD level
- Town centre footfall measurement
- Data for volunteer numbers / volunteering opportunities / volunteer hours

**Key Partners**

Connected Places – Antrim and Newtownabbey Borough Council, Translink, Sustrans, Outdoor Recreation NI, Sport NI, South Antrim Community Transport

Connected People – Volunteer Now, NI Housing Executive, Northern Trust, Public Health Agency, Education Authority, NIFRS, Ulster University

Safe, Clean and Vibrant Communities – PSNI, NI Housing Executive, Antrim and Newtownabbey Borough Council, PCSP, NIFRS; Groundwork NI; Keep NI Beautiful

**Case Study – Rural Road Safety Initiative**

The rural road safety initiative was implemented based on a need identified by local people. A total of 18 villages have taken part demonstrating the number of residents within our Borough who recognised the requirement for an initiative to improve the sense of safety in rural areas by reducing speeding. Within our Borough, of the 13
village plans that were developed, 11 identified speeding as a main community concern.

These devices notify motorists of what speed they are going in a rural area which has a restricted speed limit. They also remind drivers who are over this limit to reduce their speed. This initiative requires community engagement and has seen successful engagement with community groups sharing information over social media and a school’s education programme. This ensures that ownership of the initiative is shared between partner organisation and local communities. It has been a combined effort between local communities, PSNI and the PCSP. This initiative has developed as issues concerning placement of devices are resolved and could continue to improve with further community engagement and empowerment.
Outcome 3 – Our Citizens Benefit from Economic Prosperity

Context and Rationale

We want to ensure Antrim & Newtownabbey is an economically prosperous area by supporting business activity and also appropriate skills match of potential employees for the nature of work available.

Small and micro businesses are an essential element of the economic fabric of the area and are often suppliers of goods or services for larger companies. There is a need to prioritise the sustainability and growth of existing businesses and their supply chains.

The rationalisation of public sector services and reform of public sector bodies in Northern Ireland has resulted in a reduction in employment. Across Northern Ireland public sector jobs have decreased by 2.6%, a trend which has also impacted locally.

The levels of entrepreneurship in Northern Ireland are low and stand at 5.1%, measured by the number of business start-ups. Antrim and Newtownabbey is ranked 10th of the 11 councils.

An important element of supporting and encouraging innovation and economic activity is ensuring our citizens have the right skills and qualifications.

Indicators and Baselines

The Story Behind the Baseline

Across Northern Ireland there has been a gradual narrowing of the gap between employment and economic activity. This is reflected in the figures for our Borough. For Antrim and Newtownabbey the employment rate has been relatively stable and the economic activity rate gradually increasing. We have seen some changes to programming which have contributed to this increase, for example, ESF investment and the focus on getting people into work.

The Outcome Delivery Groups initial focus was on development of an Economic Development strategy and in establishing a Think Tank. The latter explored key themes
which would impact on the direction of the theme. Think Tank provided mechanism to engage with private sector employers in a way not available elsewhere in the Community Planning structure.

The Economic Development Strategy is a mechanism to address issues raised in Community Planning, such as, economic inactivity, barriers to employment, pathways to and through employment. There are clear links emerging with health and wellbeing and with achieving potential.

In order to ensure an economically prosperous area, it is necessary to ensure business activity within the area, but also an appropriate skills match of potential employees for the nature of work available.

The levels of entrepreneurship in Northern Ireland are low and stand at 5.1%, measured by the number of business start-ups. Antrim and Newtownabbey is ranked 10th of the 11 councils.

We have a challenge to support the growth and innovation activity of the private sector, particularly during a period of public sector compression. An important element of supporting and encouraging innovation and economic activity is ensuring our citizens have the right skills and qualifications.

The skills based within the Borough may also not align with the skills required by emerging industries. Unless skills are aligned, business growth will be restricted, or jobs will have to be filled with candidates from outside the local area.

A measure of success may be the number of jobs in the Borough (which increased by 3192 between 2015 and 2018, from 55,937 to 59,129).

**Attaining this Outcome – The Actions**

**Economic Development Strategy** – Community Planning partners (both statutory and support partners) were active participants in the development of the Economic Development Strategy for the Borough. The contribution of this expertise to the strategy has ensured that the issues and challenges raised in the development of the community plan have been echoed in the economic development strategy.

**Skills and Employability /Economic Development Think Tank** – The Council initiated an Economic Development Think Tank facilitated by Ulster University in November 2017. Community Planning partners and the organisations involved in the outcome delivery group were included on the invitation list. This think tank was concerned with providing integrated Support for Businesses and led to the spin off concerning the Jobs and Careers fairs.
Success Reported

Antrim and Newtownabbey Borough Council’s Annual Report 2018-19 reported 116 businesses, including 15 social enterprises were supported through our business growth programme, creating 30 jobs.

Key Partners

Antrim and Newtownabbey Borough Council, Ulster University, Invest NI, NRC, Princes Trust, Business in the Community, Enterprise Agencies

CASE STUDY – JOBS and CAREERS FAIRS

A jobs and careers fair was held at the Valley leisure centre on 6th June 2018. This event had 1,704 people attending and exit interviews indicated that 93% of attendees were either very satisfied or satisfied with the Job fair. A second fair took place on 28th March 2018 at the Antrim Forum. This event had approximately 1,000 members of the public and 400 school pupils who attended. A shuttle was available from the Valley Leisure Centre to the Antrim Forum to ensure that the event was accessible to people from across our Borough.

These were a way for citizens of our Borough to access jobs and new career pathways which they may not have been aware of. There was a wide variety of stall holders present including large global organisations, colleges, local traders, and training organisations. There were vacancies available to be filled on the day, visitors were encouraged to complete application forms and room was made available for contributors to host interviews in if necessary.

These events were organised by the Economic Prosperity Outcome Delivery Group acting as a steering group. It was important that they were relevant to both young adults starting their careers and adults who are looking for a new job/ career. There was a focus on local employers but employers from outside our Borough were included as well. It was also important that the fairs continue all day so that people who are out of work could attend during the day and people who are in work, or parents who wish to accompany a young adult, could attend in the evening. These events were successful at attracting a wide variety of people and offering an assortment of jobs or careers.
Outcome 4 – Our Citizens Achieve their Full Potential

Context and Rationale

Aspiration and achievement are important to our residents. Findings at a local level echo those at a regional level however a regional approach is unlikely to address the issue. Not just about academic attainment but also about sport, leisure activities and personal development. Addressing barriers, real and perceived to achievement taps into the wealth of formal and informal learning activity across the Borough.

Skills and qualifications now high on the agenda especially in light of Belfast Region City Deal (cross cutting pillar). Stop start nature of activities under this theme reflect fragmentation that exists and the pressing need to more strategically link schools, colleges, universities and employers.

Enabling individuals and communities to maximise their skills and qualifications not only develops the economic vibrancy of the area but also increases community resilience and cohesion.

Further and Higher Education learning opportunities are provided by the College of Agriculture, Food and Rural Enterprise (CAFRE), Northern Regional College and Ulster University, all of which are based within the Borough. In addition, the Borough has 53 primary schools and 10 post primary schools.

Despite the opportunities to access formal education, institutions qualification levels vary widely across the Borough. However, the changes also present opportunities. The increased number of older people seeking educational attainment, provides new opportunities for intergenerational learning and enhanced community cohesion. There are also opportunities to harness the skills of older people as trainers and mentors within formal and informal education environments.

Indicators and Baselines

% population aged 16 – 64 with no qualifications
The Story Behind the Baseline

The decrease in the percentage of the working age population with no qualifications in Antrim and Newtownabbey is on a steeper downward trend than NI figures. A number of factors contribute to this being the case:

Currently the Council is match funding 7 ESF programmes which in a four-year period (2018-2022) is expected to have 1,098 individuals engaging with these programmes, however it should be noted that a number of other programmes targeting similar individuals are also operating in the Borough. The target audience for such programmes is traditionally those who have low or no qualifications.

Intervention in the area where there is greatest cause for concern however the types of qualification and the progression routes they offer remain an issue.

Since 2017 and 2015, post 16 education provision has been available at Parkhall and Abbey College respectively. Both schools report an upward trend in the grades of their pupils.

The attainment of educational qualifications and transferrable skills, impacts on the ability of individuals to secure employment. 28% of those who are unemployed in the Borough are long term unemployed. 27% of those are aged between 18-24.

Trends in age profile and economic patterns are also influencing educational opportunities within the Borough. Our ageing population are working for longer and this is leading to a need for retraining and/or upskilling to ensure longer term employability.

We are also experiencing a shift in the pattern of educational opportunities sought by individuals, with 81.8% of Further Education enrolments in 2014/15 being secured on a part-time basis. In 2014/15 35,681 people enrolled on non-regulated (hobby) courses.

There is also a move towards apprenticeships and vocational courses as alternatives to academic qualifications. These changes in community needs and interests present challenges to the way in which educational courses are offered. Barriers to access need to be overcome, such as cost, transport and course scheduling.

Key Partners

Education Authority, Ulster University, Northern Regional College, Greenmount College (CAFRE), Libraries NI,

Training providers – People Plus, Network Personnel, USEL, Workforce

Case Study

The Outcome Delivery Group for this outcome are in the process of organising an event to inspire school children to have high ambitions when it comes to careers. The first step of this will be a workshop for pupils from across our Borough to come together and discuss role models. This will encourage the children to think about careers which
are not seen as often on TV or other forms of media and careers which match with the current skills gap. The next step which is being discussed by the Outcome Delivery Group is a series of videos which feature local role models in a range of careers. This will include people from a multitude of career paths, for example, sport, retail, healthcare, engineering, writing, construction, IT, beauty, etc.

This Outcome Delivery Group continue to progress and deliver against the implementation plan.
Wildly Important Goal - Our Vulnerable People are Supported

Context and Rationale

In 2017, the Community Planning Partnership agreed focus for the first four years would be young people (especially referencing qualifications and employment) and older people especially referencing health and wellbeing.

In the absence of new resources, existing resources were targeted at 16-24 year olds through ESF match funding and Peace IV funding. This is a busy and competitive arena which arguably lacks the young person focus it required and the employer engagement which would make it more effective.

The age well agenda which is pursued under Outcome 1 is where the greatest benefits to our older population will be seen. In the interim it is of note how the needs of older people have risen up the agenda of the public sector as a direct result of Community Planning.

Indicators and Baselines

The sharp drop (more than 7%) in school leavers progressing to further education coincides broadly with the introduction of post 16 provision in Abbey and Parkhall colleges. Gradual upward trend in training may reflect the growth of apprenticeships, in particular higher level apprenticeships.
Figures for the Borough for both those aged 65+ and those aged 75+ living in their own home follow a gradual upward trajectory. The gap between these statistics is narrowing, albeit slowly, inferring that more older people are remaining in their own homes.

*Note:* to calculate numbers living at home the number of those whom the HSCB have records of being resident in Care Homes was subtracted from the Registered Population for Antrim and Newtownabbey. Care Home Records may be an underestimation of the Care Home Population but the methodology used provides a consistent figure upon which to base a trend.

The Story Behind the Baseline

The attainment of educational qualifications and transferrable skills, affects the ability of individuals to secure employment. 28% of those who are unemployed in the Borough are long term unemployed. 27% of those are aged between 18-24.

This is a matter of concern since the inability to gain employment at a young age will have a knock on impact on employment opportunities throughout life and increase dependence on state support services. Ensuring our young people in particular achieve their potential is therefore reflected in our ‘Wildly Important Goal’.

Attaining this Outcome – the Actions

Multi- Agency Support Hub

Age Well/Age Friendly (see Outcome 1: Our Citizens Enjoy Good Health and Wellbeing)

Key Partners

Members of the Outcome Delivery group include:

Abbey College, Antrim and Newtownabbey BC – Community Services and Tackling Deprivation, Barnardo’s, CCMS, Community Relations in Schools, EA youth service, Early Years, Hollybank Primary School, Libraries NI, Monkstown Boxing Club, NI Youth
Forum, NICIE, Northern Regional College, Probation Board, Save the Children, Sentinus (STEM education), Training for Women Network, Ulster University, Voypic, Women’s Tec Young Farmers, Youth Justice Agency

Success Reported

Antrim and Newtownabbey Borough Council’s Annual Report 2018-19 reported funding of £1.42m to our rural businesses through the GROW Rural Development Programme has been committed to 46 business projects, and is expected to create 104 new full-time equivalent jobs within the next 2 years.

CASE STUDY - Multi-Agency Support Hub (MASH)

Since its inception in July 2017 the MASH has received 60 referrals, of these 47 were accepted. This was initiated to support the most vulnerable people within our Borough. This service is able to sign post people in the right direction and relieves pressure on services who would be dealing with calls or visits from people who they cannot help. The co-operation between partner organisations has meant that people who attend the Hub are getting reliable information not just from one source but multiple. The co-operation between partner organisations has meant than individuals can receive a tailored plan of support through the Hub with input and information from the relevant organisation. This shows that a collaborative way of working can reduce the pressure on one organisation and ensure a better pathway of support for the individuals in our Borough. Community Planning brought the relevant partners together to be able to set up and run the MASH successfully.
Partnership and Process

Community Planning is a complex process about leadership – shared leadership and shared ownership. The success of Community Planning will be measured in the resilience of the Community Planning Partnership. A well-founded Partnership built on a shared understanding of the issues and a shared ownership of the Community Plan will collectively and collaboratively achieve its ambitions.

Community Planning is new, it is different and it is challenging, but working together towards shared and better outcomes can only benefit the people for whom we want to make a difference.

Every organisation involved in Community Planning has the potential to contribute whether that is buildings, or people, or skills or knowledge or financial resources. The key is to build on the assets we have and to reconfigure them so they work better together. When we have that new way of thinking about working in partnership for Community Planning that will be when its success will truly be seen.

Year 1 (2015) Engage and Design
2015 focused on wide engagement to identify the priorities of our residents and to refine these priorities into themes we could work with.

The Community Planning Officers Working Group for the Borough of Antrim and Newtownabbey met for the first time in January 2015 at which point the Statutory Partners for Community Planning had not yet been legislated. At this very early stage the likely partners – Education and Library Board, Housing Executive, Trust, public Health Agency, PSNI, Fire and Rescue Service joined the Council at the table with the Departments for Social Development, Employment and Transport NI.

At this early stage it was agreed that the Community Plan should focus on 5-10 key things and that 5-7 years should be considered as short term.

An initial exercise to identify the Community Planning priorities for each organisation, ‘An interim Community Planning Partnership’, was established in late 2015 meeting for the first time in October.

Year 2 (2016) Develop and Refine
In December 2016 the framework (outcomes and indicators) was agreed by the partnership.

Year 3 (2017) Consult and Revise
2017 included approval of the framework by partner agencies and a 12 week public consultation period. Expansion and design of plan content from bullet points to narrative detail was published in June 2017 with a shift of emphasis to agreeing actions. An Outcome Delivery Plan was agreed in December 2017.

Year 4 (2018) Plan and Deliver
Q1 of 2018 – action leads taking ownership and developing implementation plans. ‘Delivery’ commenced 1/4/18. Implementation plans considered and approved by the Partnership on an ongoing basis.
Year 5 (2019) Plan and Deliver

Even short term actions are still in development as several don’t have an implementation plan as yet. Achieving the level of collaboration and shared ownership required to make Community Planning effective is challenging. It slows the process down, but arguably this is to the benefit of the quality of the outputs and ultimately the outcomes.

For those partners working with several partnerships there is a frustration about how different the process is in each Council.

But that’s kind of the point of Community Planning. It’s not about meeting the needs of the public sector organisations, it’s about responding to the needs of local communities through the local infrastructure and assets.

In Antrim and Newtownabbey, the Place Shaping Forum, which is being established in each DEA, will provide the link between the Community Planning Partnership and the local community.

Collaborative Gain

Examples:
- Read yourself Well (Trust, Libraries NI, HSCB) – placement of health and wellbeing resources in libraries, availability of health and wellbeing related ebooks, books on prescription scheme
- The NIFRS in partnership with Northern Health and Social Care Trust(NHSCT) fitted 101 sensory smoke alarms, and partnered with the NHSCT and Alzheimer’s Society to ensure 28 Wholetime Firefighters received Dementia Awareness Training
- Launch of the Loneliness Network for the Borough
- Mental Health First Aid for taxi drivers (PHA and PSNI)
- Citizenship project (Sport NI, Volunteer NI and UU) – lawfulness and wellbeing programme with school children including physical activity and volunteering
- Take 5 has been embraced by partners
- Structures which have been strengthened as a result of Community Planning include THRIVE and the Healthy Living Partnership

It has been recognised that capacity and resources are required to sustain the level of effort demonstrated thus far. The ability to mine the knowledge and expertise of partners remains a positive attribute.

One of the considerable strengths of Community Planning in Antrim and Newtownabbey is in the quality of the relationships and the partnership.

The value of Community Planning is not in building physical structures but in building linkages. Collaboration between agencies to redesign public service delivery, so that it becomes person centred, responsive to need and collaboratively delivered, requires a level of partnership working which is unprecedented in Northern Ireland.
Much has been learned from the Community Planning experiences of Scotland and Wales but for Antrim and Newtownabbey perhaps the most significant learning has been in regard to partnership working. The formation of a partnership of equals across 16 organisations of varying scope and size and with varying levels of departmental buy in to Community Planning has not been without its challenges.

Community Planning has led to a focus on understanding on a scale and with importance that should not be underestimated:

- Understand each other – purpose, structure and resources
- Understanding of Community Planning
- Understanding of context and challenges
- Understanding of citizens’ needs and priorities

It has not only focused our attention on understanding but also on how to action our understanding.

**A fit for purpose partnership**

As we move beyond the first full year of the delivery phase and out of the planning phase it makes sense to consider if our structures reflect a best fit with the new task at hand. To this end the Community Planning Partnership approved that Council should engage in a review of the Community Planning structures. This work is ongoing with final recommendations being prepared for the December 2019 meeting of the Partnership.
Appendix A- Additional Partner Input

Sport NI

Through “Every Body Active 2020” programmes (Opportunities & Small Grants), Sport NI has a number of case studies of individual projects within the Antrim & Newtownabbey area. Further Information can be found: https://www.youtube.com/watch?v=NhDBQHoMWyg&t=3s
Appendix B- Performance report cards on Actions

- Support an enhanced public health role for community pharmacy
- Antrim and Newtownabbey Age Well Initiative (to co-produce an Age Friendly Strategy for the Borough including Age Friendly Initiatives)
- Develop a Take 5 framework for community groups and individuals
- Develop an age appropriate Take 5 framework and menu of age appropriate activity for implementation in schools
- Develop a Take 5 framework for workplace health initiatives
- Promote and secure commitment to the principles underpinning Investing in Volunteers (liV)
- An increase in the % of people who are volunteers/members of a group/sports club. Sub action - Employer Supported Volunteer Scheme
- Rural Road Safety Programme (Speed Indication Device Implementation)
- Improve access to and provision of play and recreational facilities across the Borough
- Improve access to and provision of play and recreational facilities across the Borough for people with a disability
| 1. Action: | Support an enhanced public health role for community pharmacy |
| 1a. Customer: | Residents of Antrim and Newtownabbey |
| 1b. Timeframe: | Within 2 years |
| 1c. Overarching Action Lead: | HSCB |
| 2. Outcome(s) & Indicator(s) contribution: | | |
| | Outcome(s) | Indicator(s) |
| | Our citizens enjoy good health and wellbeing | A decrease in the percentage of people with prescriptions for mood/anxiety disorders. A decrease in the percentage of people registered as suffering from hypertension. |
| 3. Performance Measures: | How Much (Quantity) | How Well (Quality) |
| | Number of participants | Issues covered in workshops |
| | Community partners | Uptake in services to which people are signposted |
| | Pharmacy partners | Confidence in visiting pharmacy for advice and support |
| | Number of projects | |
| | Number of people availing of service | |
| | | Better Off (Impact) |
| | | Number/percentage of beneficiaries reporting improved health & wellbeing. |
| 3a. Performance Data: | Building the Community Pharmacy Partnership (BCPP) is a funding and support programme delivered by the Community Development and Health Network (CDHN) and funded by the Health and Social Care Board (HSCB). |
| | The intention is to publicise this scheme to have a greater uptake in the area by both the community sector and community pharmacy. A small working group had planned to hold an event to bring together community groups and pharmacists to create awareness of each other’s work however due to workforce and capacity issues in community pharmacy this has not proved possible to date. We will continue to monitor the situation with the intention of holding an event this coming autumn. |
| | In the meantime, four projects are currently running in the area with an investment of £24,000. Outcomes will be available in due course. |
| | Level 2 projects complete start and end questionnaires. To date, a |
**3b: Progress: (Self-Assessment)**

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**Justification:**

Work is being progressed with local pharmacies and community organisations. However, this needs to be strengthened in this area by creating more awareness of the availability of the Building Community Pharmacy Partnership.

**4. The Story behind the Baselines:**

This action was identified following discussion during the engagement process leading to the development of the Community Plan. People were aware of the BCPP Initiative and were keen to see enhanced uptake and results in the local community.

**5. Data Development Agenda:**

Well-being measures

**6. Partners**

HSCB, CDHN, community pharmacy, South Antrim Community Network, Integrated Care Partnerships (ICPs), Northern Health and Social Care Trust (NHSCT).

**7. Best Ideas to Improve Performance**

<table>
<thead>
<tr>
<th>Key support Partner</th>
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<tr>
<td>South Antrim Community Network</td>
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We plan to engage directly with the four community groups currently going through the programme to ascertain whether they would benefit from the involvement of other statutory partners providing advice on wider social and wellbeing issues.

We will hold an event to bring together community groups and pharmacists to create awareness of both need and availability of services and opportunities in both the community and in community pharmacy.

We will create more awareness and uptake of BCPP in this area using links with Community Planning partners and the voluntary/community sector. We will also work with groups engaged in BCPP to introduce them to other statutory partners who may help and address needs identified by the groups.
<table>
<thead>
<tr>
<th>1. Action:</th>
<th>Antrim and Newtownabbey Age Well Initiative (to co-produce an Age Friendly Strategy for the Borough including Age Friendly Initiatives)</th>
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<tbody>
<tr>
<td>1a. Customer:</td>
<td>Ageing population of Antrim and Newtownabbey</td>
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<tr>
<td>1b. Timeframe:</td>
<td>2-5 years</td>
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<td>1c. Overarching Action Lead:</td>
<td>Antrim and Newtownabbey Borough Council</td>
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<td>2. Outcome(s) &amp; Indicator(s) contribution:</td>
<td>Outcome(s)</td>
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<td>Our citizens enjoy good health and wellbeing</td>
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<td>3. Performance Measures:</td>
<td>How Much (Quantity)</td>
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<td></td>
<td>Number of older people engaged in process</td>
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<td></td>
<td>Number of Seniors Groups engaged in process</td>
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<td></td>
<td>Number of engagements (to include contacts/events etc.)</td>
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<td></td>
<td>Number of actions taken to make the Borough more Age Friendly</td>
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<td>Development of an Age Friendly Charter for Antrim and Newtownabbey</td>
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<td>Approach used incorporates the Principals of Co-Production and Appreciative Inquiry.</td>
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</tbody>
</table>
### Better Off (Impact)

- The particular needs of an ageing population are met so that citizens can live long healthy and independent lives in their homes if that is their wish.
- Increase in number and % of residents over 75 who live independently in their own homes.
- Residents feel that their voice is heard and that they are able to influence change.
- Older People feel that their needs are being met.
- Older People feel safe within Antrim and Newtownabbey.

### 3a. Performance Data:

- Presentation at Antrim and Newtownabbey Pensioner’s Parliament April 2018 to introduce Co-Production approach.
- Survey carried out at Pensioner’s Parliament.
- Intergenerational Presentation by Linking Generations to Community Safety Partnership event- March 2018
- Two externally facilitated workshops held in May 2018 with Community Planning partners and Council staff to start the conversations around an Age Friendly Borough.
- Report from workshops produced on way forward from conversations with Community Planning Partners and Council staff.
- Public Health Agency funding provided for Age Friendly Coordinator, in post since 1/12/18. Funding committed for 19/20 but uncertainty over long term funding.
- Age Friendly Brand Developed (based on WHO 8 Domains for Age Friendly Communities).
- Age Friendly Page in each edition of Council Borough Life magazine since August 2018.
- Age Friendly asset mapping with Community Planning partners commenced in March 2019. Data being mapped against the WHO 8 Domains for Age Friendly Communities.
- Loneliness Network launched June 2019
### 3b: Progress:
(Self-Assessment)

<table>
<thead>
<tr>
<th>Red</th>
<th>Amber</th>
<th>Green</th>
</tr>
</thead>
</table>

**Justification:**
Longer term action within Community Plan, actions proceeding according to Action Plan.

### 4. The Story behind the Baselines:

As more of our population lives longer the Love Living Here Community Plan has identified that the quality of life for older people and the ability to live independently becomes ever more important. We need to ensure that our support services, transport systems and community structures support measures aimed at early intervention, positive health and wellbeing and maximum personal independence. The Northern Ireland Executive Active Ageing Strategy 2016-21 also has a vision of “Northern Ireland being an Age Friendly region in which people as they get older are valued and supported to live actively to their fullest potential; with their rights respected and their dignity protected.”

An age friendly community is a place where it is easier for older people to stay connected and participate in community activities and is one where everyone is treated with respect regardless of their age.

The World Health Organisation highlights 8 domains that cities and communities can address to better adapt their structures and services to the needs of older people: the built environment, transport, housing, social participation, respect and social inclusion, civic participation and employment, communication, and community support and health services.

It is essential however as part of this process any changes to services and structures are co-produced with our ageing population.

**Challenges:**

- When using a Co-Production approach the time required to build equal and reciprocal relationships.
- Measuring the impact of other outcomes in the Community Plan on Age Friendly e.g. Volunteering, Transport.
- Ensuring actions/policies are co-produced with older people.
- Development of Community Conversation tool.

**Achievements:**

- Application for World Health Organisation Age Friendly Status to be submitted October 2019.
- Application to UK Age Friendly Network to be submitted October 2019.
- Council active member of NI Age Friendly Network established December 2018.
- Antrim and Newtownabbey Age Friendly Steering Group to be established September 2019.

### 5. Data Development Agenda:
- Baseline data on social isolation
- Assessment of risk of loneliness and social isolation across the Borough

### 6. Partners
- Community Planning Partners – Antrim and Newtownabbey Borough Council, Northern Ireland Libraries, Northern Health and Social Care Trust, Northern Health and Social Care Board, Department for Communities, Public Health Agency
- Senior Citizens Groups – Antrim Seniors Forum, Newtownabbey Seniors forum and others
- Community and Voluntary organisations e.g. Age NI, Linking Generations, Dementia NI, Alzheimer’s Society
- Ageing population residing in Antrim and Newtownabbey Borough.

### 7. Best Ideas to Improve Performance

| Tool developed for all partners to use when engaging with older people to capture views etc. | NHSCT |
| Age Friendly Steering Group to agree suitable structure for incorporating the voice of older people. | Age NI |
| Community Conversation tool to be developed. | Ulster University |
| All Community Planning actions proofed for age friendly. | Relevant Action Leads |
| Develop guidance to Age Proof all policies and actions. | Ulster University |
| 1. Action: | Develop a Take 5 framework for community groups and individuals |
| 1a. Customer: | Residents of Antrim and Newtownabbey Borough Council (ANBC) |
| 1b. Timeframe: | Within two years from 2018 |
| 1c. Overarching Action Lead: | Public Health Agency (PHA) |

2. Outcome(s) & Indicator(s) contribution:

<table>
<thead>
<tr>
<th>Outcome(s)</th>
<th>Indicator(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our citizens benefit from good health and wellbeing</td>
<td>- Decrease in the % people with prescriptions for mood/anxiety disorders</td>
</tr>
<tr>
<td></td>
<td>- Decrease in the % of people registered as suffering from hypertension (high blood pressure).</td>
</tr>
</tbody>
</table>

3. Performance Measures:

<table>
<thead>
<tr>
<th>How Much (Quantity)</th>
<th>How Well (Quality)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• # community groups adopting the Take 5 pledge</td>
<td>• % registered community groups aware of the Take 5 framework</td>
</tr>
<tr>
<td>• # youth groups adopting the Take 5 pledge</td>
<td>• % registered youth groups aware of the Take 5 framework</td>
</tr>
<tr>
<td>• # community and youth groups accessing funding for Take 5 programmes /activity</td>
<td>• % registered community groups using the Take 5 framework</td>
</tr>
<tr>
<td></td>
<td>• % registered youth groups using the Take 5 framework</td>
</tr>
</tbody>
</table>

Better Off (Impact)

#/ % participants reporting better health and wellbeing

3a. Performance Data:

- A Take 5 launch event with approximately 60 attendees was held in May 2018. The launch programme included an opportunity for attendees to sign up to a Take 5 pledge. In addition, presentations, stands and displays showcased Take 5 activities undertaken by partner organisations, highlighting potential case studies / sources of advice and support for those in schools, workplaces and communities wishing to implement Take 5 activities.
- 30 community groups in the ANBC area participated in South Antrim Community Network’s Take 5 themed small grants scheme.
- Libraries NI have developed a customised Take 5 leaflet encouraging members to use the library setting for their Take 5 activity. This is available in all branches, including Antrim.

### 3b: Progress: (Self-Assessment)

<table>
<thead>
<tr>
<th>Red</th>
<th>Amber</th>
<th>Green</th>
</tr>
</thead>
</table>

**Justification:**
The timeframe for this action is within 2 years and to date partners are on track in achieving generic action plan milestones towards development of a Take 5 framework for community and youth groups.

### 4. The Story behind the Baselines:
Making Life Better, the NI public health strategic framework (2013 to 2023) highlights the importance of prevention and early intervention and the key role to be played by Community Planning (CP) in enabling partnership working to promote health and social wellbeing and tackle health inequalities.

Take 5 is a holistic wellness programme, based on evidence from the New Economics Foundation (NEF), which CP partner organisations have adopted, forming a Take 5 Working Group to co-develop and implement a Take 5 framework for target groups. Recognising the regional relevance of Take 5, the working group has expanded to include representatives from other Borough Councils to facilitate more cohesive working.

NEF has approved a range of Take 5 resources developed within NI by Belfast Strategic Partnership. The working group has access to these. However, a challenge has been that the NEF-based resources only apply to adults. This will necessitate partners compiling a directory of potential resources that would be suitable for youth groups wishing to use the Take 5 framework.

### 5. Data Development Agenda:
- Number of community groups and youth groups in each DEA
  - aware of Take 5,
  - signing a Take 5 pledge,
  - accessing funding for Take 5; and
  - using the Take 5 framework.

### 6. Partners
- ANBC
- Health and Social Care Board
- Libraries NI
- Northern HSC Trust
- Public Health Agency
- South Antrim Community Network (SACN)
- Sport NI
- Volunteer Now

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<table>
<thead>
<tr>
<th>7. Best Ideas to Improve Performance</th>
<th>Key support Partner</th>
</tr>
</thead>
<tbody>
<tr>
<td>Establish a task and finish group to develop a specific action plan to co-develop and deliver a menu of Take 5 actions, including adoption of the Take 5 pledge, for community and youth groups in each of the 7 ANBC DEAs</td>
<td>ANBC Health and Social Care Board Northern HSC Trust Public Health Agency South Antrim Community Network (SACN)</td>
</tr>
<tr>
<td>Develop a system to collate and share information on the uptake by community and youth groups of the Take 5 framework, pledge, and resources including case studies.</td>
<td>ANBC Health and Social Care Board Libraries NI Northern HSC Trust Public Health Agency South Antrim Community Network (SACN)</td>
</tr>
<tr>
<td>Explore the feasibility of producing a Take 5 video reflecting a Northern Ireland community context</td>
<td>SACN ANBC PHA NHSCT Sport NI</td>
</tr>
</tbody>
</table>
1. Action: Develop an age appropriate Take 5 framework and menu of age appropriate activity for implementation in schools

1a. Customer: Primary school children, parents, teachers and welfare staff;

1b. Timeframe: Within two years from April 2018.

1c. Overarching Action Lead: Public Health Agency

2. Outcome(s) & Indicator(s) contribution:

<table>
<thead>
<tr>
<th>Outcome(s)</th>
<th>Indicator(s)</th>
</tr>
</thead>
</table>
| Our citizens benefit from good health and wellbeing. | • Decrease in the % people with prescriptions for mood/anxiety disorders  
• Decrease in the % of people registered as suffering from hypertension (high blood pressure) |

3. Performance Measures:

<table>
<thead>
<tr>
<th>How Much (Quantity)</th>
<th>How Well (Quality)</th>
</tr>
</thead>
<tbody>
<tr>
<td># primary schools using the Take 5 framework</td>
<td>% primary schools using the Take 5 framework</td>
</tr>
</tbody>
</table>

Better Off (Impact)

#/% participants reporting improved health and wellbeing

3a. Performance Data:

- A Take 5 launch event with approximately 60 attendees was held in May 2018. The launch programme included an opportunity for attendees to sign up to a Take 5 pledge. In addition, presentations, stands and displays showcased Take 5 activities undertaken by partner organisations, highlighting potential sources of advice and support for those in schools, workplaces and communities wishing to implement Take 5 activities.
- An Education Authority pilot Take 5 Transition Programme is currently being demonstrated in 20 schools in Antrim and Newtownabbey and Mid and East Antrim Borough Council areas.
- Through BEE SAFE, in April 2019, 1903 primary school pupils participated in Take 5 awareness raising activities.
### 3b: Progress: (Self-Assessment)

<table>
<thead>
<tr>
<th>Red</th>
<th>Amber</th>
<th>Green</th>
</tr>
</thead>
</table>

**Justification:**

The timeframe for this action is within 2 years and to date partners are on track in achieving action plan milestones towards delivery of an age appropriate Take 5 framework and menu of age appropriate activity for implementation in schools.

### 4. The Story behind the Baselines:

Key partner organisations have formed a Take 5 Working Group to co-develop and implement a Take 5 framework and menu with schools. Recognising the regional relevance of Take 5, the working group has expanded to include representatives from other borough councils to facilitate more cohesive working.

Take 5 is based on the work of the New Economics Foundation (NEF) which has approved a range of Take 5 resources developed within NI by Belfast Strategic Partnership. The working group has access to these. However, a challenge has been that the NEF-based resources only apply to adults. This required partners to set up a Task and Finish group to compile a directory of potential resources that would be suitable for schools wishing to use the Take 5 framework.

### 5. Data Development Agenda:

- Number of schools using the Take 5 framework.
- Attendance and attainment data

### 6. Partners

- Antrim and Newtownabbey Borough Council (ANBC)
- Council for Catholic Maintained Schools (CCMS)
- Education Authority (EA)
- Health and Social Care Board (HSCB)
- Libraries NI
- Northern Health and Social Care Trust (NHSCT)
- Public Health Agency (PHA)
- South Antrim Community Network (SACN)
- Sport NI
- Volunteer Now

### 7. Best Ideas to Improve Performance

| Develop a system to collate and share information on the uptake by schools of the Take 5 framework and resources including case studies. | EA  
|---|---|
| CCMS  
| ANBC  
| NHSCT  
| SACN  
| PHA  |  
| Explore how schools might measure the health and wellbeing of pupils | As above |
| Explore the feasibility of setting standards for Take 5 | As above |

---

### 1. Action:
Develop a Take 5 framework for workplace health initiatives

| 1a. Customer: | Employers and staff in commercial, voluntary and statutory sector workplaces across the Borough. |
| 1b. Timeframe: | Within two years from April. |
| 1c. Overarching Action Lead: | Public Health Agency |

### 2. Outcome(s) & Indicator(s) contribution:
<table>
<thead>
<tr>
<th>Outcome(s)</th>
<th>Indicator(s)</th>
</tr>
</thead>
</table>
| Our citizens benefit from good health and wellbeing. | - Decrease in the % people with prescriptions for mood/anxiety disorders  
- Decrease in the % of people registered as suffering from hypertension (high blood pressure). |

### 3. Performance Measures:
<table>
<thead>
<tr>
<th>How Much (Quantity)</th>
<th>How Well (Quality)</th>
</tr>
</thead>
</table>
| - # employers using the Take 5 framework  
- # staff using the Take 5 framework | - % employers aware of the Take 5 framework  
- % employers who have signed Take 5 pledges  
- % staff aware of the Take 5 framework  
- % staff using the Take 5 framework |

**Better Off (Impact)**
# /% participants reporting better health and wellbeing.

### 3a. Performance Data:
- A Take 5 launch event with approximately 60 attendees was held in May 2018. The launch programme included an opportunity for attendees to sign up to a Take 5 pledge. In addition, presentations, stands and displays showcased Take 5 activities undertaken by partner organisations, highlighting potential case studies / sources of advice and support for those in schools, workplaces and communities wishing to implement Take 5 activities.
- To date 6 of the 15 Antrim and Newtownabbey Borough Council (ANBC) area partners have had in-house Take 5 launch events for staff and others, within their respective workplaces.
- Progression of Take 5 beyond Community Planning partnership organisations has also commenced with the launch event, in July 2019, of Take 5 by a global company.
with workplaces based in Antrim and Carrickfergus employing 1200 staff.

- Three of the partner organisations adopting Take 5, are also encouraging members of staff to act as Take 5 champions: engaging with colleagues to provide support and promote the Take 5 messages across the workforce.

<table>
<thead>
<tr>
<th>3b: Progress: (Self-Assessment)</th>
<th>Red</th>
<th>Amber</th>
<th>Green</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Justification:</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The timeframe for this action is 2 years and to date partners are on track in achieving generic action plan milestones towards development of a Take 5 framework for workplace health initiatives.</td>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>4. The Story behind the Baselines:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Making Life Better, the NI public health strategic framework (2013 to 2023) highlights the importance of prevention and early intervention and the key role of Community Planning (CP) in enabling partnership working to promote health and social wellbeing and tackle health inequalities.</td>
</tr>
<tr>
<td>Take 5 is a holistic wellness programme, based on evidence from the New Economics Foundation (NEF), which ANBC CP partner organisations have adopted. Partners formed a Take 5 Working Group to co-develop and implement a Take 5 framework for target groups. It was agreed that implementation, including adoption of a Take 5 Pledge, should begin within the 15 ANBC Community Planning organisations who could share subsequent learning with external employers.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>5. Data Development Agenda:</th>
</tr>
</thead>
<tbody>
<tr>
<td># /% employers who are aware of the Take 5 framework</td>
</tr>
<tr>
<td># /% employers and staff using the Take 5 framework</td>
</tr>
<tr>
<td># /% employers who have signed the Take 5 pledge</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>6. Partners</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANBC Education Authority (EA)</td>
</tr>
<tr>
<td>Health and Social Care Board (HSCB)</td>
</tr>
<tr>
<td>Libraries NI</td>
</tr>
<tr>
<td>Northern HSC Trust (NHSCT)</td>
</tr>
<tr>
<td>Public Health Agency (PHA)</td>
</tr>
<tr>
<td>South Antrim Community Network (SACN)</td>
</tr>
<tr>
<td>Sport NI</td>
</tr>
<tr>
<td>Volunteer Now</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>7. Best Ideas to Improve Performance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Re-engage with other ANBC Community Planning partners:</td>
</tr>
<tr>
<td>- NI Fire and Rescue Service (NIFRS)</td>
</tr>
<tr>
<td>- Northern Regional College (NRC)</td>
</tr>
<tr>
<td>- Council for Catholic Maintained Schools (CCMS)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Key support Partner</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANBC</td>
</tr>
<tr>
<td>HSCB</td>
</tr>
<tr>
<td>NHSCT</td>
</tr>
<tr>
<td>Libraries NI</td>
</tr>
<tr>
<td>PHA</td>
</tr>
<tr>
<td>SACN</td>
</tr>
<tr>
<td>Sport NI</td>
</tr>
</tbody>
</table>

- Police Service of NI (PSNI);
- Tourism NI
- Ulster University

by inviting them to a workshop to highlight their role as major employers who can lead by example and to explore how best to enable them to undertake implementation of the Take 5 workplace framework.

<table>
<thead>
<tr>
<th>Volunteer Now</th>
</tr>
</thead>
</table>

Develop a system to collate and share information on the uptake by employer organisations of the Take 5 framework, pledge and resources including case studies.

<table>
<thead>
<tr>
<th>All</th>
</tr>
</thead>
</table>
1. Action: Promote and secure commitment to the principles underpinning Investing in Volunteers (IiV)

1a. Customer: Community Planning partner organisations and volunteers coming into partner organisations

1b. Timeframe: 2 to 5 years

1c. Overarching Action Lead: Public Health Agency

2. Outcome(s) & Indicator(s) contribution:

<table>
<thead>
<tr>
<th>Outcome(s)</th>
<th>Indicator(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our citizens live in connected safe clean and vibrant places</td>
<td>Increase in the % of people who are volunteers/ members of a group/sports club</td>
</tr>
</tbody>
</table>

3. Performance Measures:

<table>
<thead>
<tr>
<th>How Much (Quantity)</th>
<th>How Well (Quality)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• # Community Planning organisations with volunteering practice benchmarked against the IiV framework</td>
<td>• % organisations with IiV accreditation who are Community Planning partners</td>
</tr>
<tr>
<td>• # Community Planning partners promoting the IiV framework to their sponsored organisations as a model of good practice</td>
<td>• % actions meeting IiV principles</td>
</tr>
<tr>
<td>• # organisations with IiV accreditation</td>
<td></td>
</tr>
</tbody>
</table>

Better Off (Impact)

- # /% volunteers with improved perception of making a difference
- # /% volunteers who continue to volunteer.
- # /% volunteers with improved health and wellbeing (cf Take 5)

3a. Performance Data: In order to engage with and support partners, the implementation group held a good practice and information sharing workshop in May 2019. During the workshop partners completed a short survey to establish baseline information on their organisation’s current level of action relating to volunteering. A follow-up workshop, including a repeat survey is planned for October 2019.
### 3b: Progress: (Self-Assessment)

<table>
<thead>
<tr>
<th>Red</th>
<th>Amber</th>
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</table>

**Justification:**
The timeframe for this action commences in April 2020 and enabling action is already underway.

### 4. The Story behind the Baselines:

Investing in Volunteers is the UK quality standard for the involvement of volunteers within an organisation. It is based on four areas of volunteer management:
- Planning for volunteer involvement
- Recruiting volunteers
- Selecting & matching volunteers
- Supporting & retaining volunteers

In N Ireland a total of 82 organisations have achieved the award since it began in 2003 and over 1,000 organisations nationally have achieved the award. 17 of the organisations in N Ireland currently holding the award offer services in Antrim and Newtownabbey Borough Council (ANBC) area. Community Planning partner organisations within ANBC have formed an implementation group to co-develop and implement an action plan to deliver the four action points of Outcome 2.2 of the community plan.

### 5. Data Development Agenda:

### 6. Partners

- ANBC
- Education Authority
- Health and Social Care Board
- Libraries NI
- Northern HSC Trust
- NIFRS
- NIHE
- PSNI
- Public Health Agency
- Ulster University
- Volunteer Now

### 7. Best Ideas to Improve Performance

<table>
<thead>
<tr>
<th>Key support Partner</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANBC</td>
</tr>
<tr>
<td>NHSCT</td>
</tr>
<tr>
<td>Volunteer Now</td>
</tr>
<tr>
<td>PHA</td>
</tr>
</tbody>
</table>

Re-engage with ANBC Community Planning partner organisations:
- Northern Regional College
- Sport NI
- Tourism NI

to explore how best to assist them to commit to the principles underpinning Investing in Volunteers (iIV)

Compile and promote evidence on the value and benefits of volunteering for health and social wellbeing to share with Community Planning partners.
<table>
<thead>
<tr>
<th>1. Action:</th>
<th>An increase in the % of people who are volunteers/members of a group/sports club. Sub action - Employer Supported Volunteer Scheme</th>
</tr>
</thead>
<tbody>
<tr>
<td>1a. Customer:</td>
<td>Employees of partner organisations</td>
</tr>
<tr>
<td>1b. Timeframe:</td>
<td>2-5 years</td>
</tr>
<tr>
<td>1c. Overarching Action Lead:</td>
<td>Northern Ireland Housing Executive</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>2. Outcome(s) &amp; Indicator(s) contribution:</th>
<th>Outcome(s)</th>
<th>Indicator(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Our citizens live in connected, safe, clean and vibrant places</td>
<td>Increase in the % people who are volunteers/members of a group /club</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>3. Performance Measures:</th>
<th>How Much (Quantity)</th>
<th>How Well (Quality)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>No. of statutory partners that have committed to development of an Employer Supported Volunteer Scheme</td>
<td>Level of commitment to ESV from statutory partner organisations</td>
</tr>
<tr>
<td></td>
<td>Number of volunteers</td>
<td>% partners with VES scheme</td>
</tr>
<tr>
<td></td>
<td>Number of volunteer hours</td>
<td>% of partner organisations reporting greater awareness of ESV</td>
</tr>
<tr>
<td></td>
<td>Number of employer sponsored volunteer programmes/events</td>
<td></td>
</tr>
</tbody>
</table>

| 3a. Performance Data: | Within the ESV actions a key issue has been to establish the extent of organisations which currently have any form of volunteering policy in place. An early scoping exercise of statutory partners in 2018 indicated a very low % of those organisations that had a volunteering policy i.e. 2 out of 13 partner organisations. |

<table>
<thead>
<tr>
<th>3b: Progress: (Self-Assessment)</th>
<th>Red</th>
<th>Amber</th>
<th>Green</th>
</tr>
</thead>
<tbody>
<tr>
<td>Justification:</td>
<td>Based on timeline of 2-5 with enabling actions commenced April 2019.</td>
<td></td>
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</tr>
</tbody>
</table>
4. The Story behind the Baselines:

An Implementation Group has been established to deliver actions under Outcome 2.2 of the A&N CO Outcome Delivery Plan. Relevant partner organisations including action leads for the 4 actions within this outcome have worked together to take a series of enabling actions for the delivery of all 4 actions.

The NIHE have had a volunteering policy in place in various forms for 20 years. The organisation has recently reviewed its employer supported volunteering scheme as part of its Corporate Social Responsibility policy.

The Implementation group held a volunteering workshop in May 2019 aimed at the statutory partners which involved:

- A updated scoping of CP statutory partner organisations to establish a baseline for the number of those who have any form of volunteering policy in place.
- As action lead on ESV - Presentation by the Northern Ireland Housing Executive on the organisations policy and approach to Employer Supported Volunteering
- Input from Business in the Community on how organisations can engage with volunteers – either as a source of volunteering opportunities or to encourage their staff to volunteer
- Input from Volunteer Now which is the action lead on the Investing in Volunteers benchmarking and how Community Planning partners can consider this within their own organisations.
- Discussion on the above and how the agreed actions in the community plan can be progressed.

A series of follow up actions were agreed including:
- A request for representatives to seek commitment from their organisations to the development of an ESV policy
- A follow up workshop in October 2019 to establish how many of those organisations have made a commitment to develop an ESV policy
- Widen the scope of awareness raising around volunteering to the private sector

Factors likely to impact performance on this action are:
- The willingness/appetite of statutory partners to commit to and follow through on the development of ESV policies.
- Risk factors identified at the first workshop include pressure on existing staff and financial resources and ‘ownership’ of a volunteering policy within each organisational structure.

5. Data Development Agenda:

Sourcing data to demonstrate the better off impact of ESV on the well being
- those who have volunteering for the first time and
- on the beneficiaries of volunteering
### 6. Partners

Partners in the delivery of this action
- A&N Council
- Council for Catholic Maintained Schools
- Education Authority
- Invest NI
- Libraries NI
- NI Housing Executive
- Northern Health and Social Care Trust
- Health and Social Care Board (Northern Region)
- NI Fire and Rescue Service
- Police Service NI
- Public Health Agency
- Sport NI
- Tourism NI

Voluntary sector partners
- Volunteer Now
- Business in the Community

### 7. Best Ideas to Improve Performance

A wide reaching communication strategy to raise awareness about the benefits of volunteering on staff moral and the benefits to organisations from staff who volunteer. This could be a regional approach to cover all of NI Community Planning

<table>
<thead>
<tr>
<th>Key support Partner</th>
</tr>
</thead>
<tbody>
<tr>
<td>NIHE</td>
</tr>
</tbody>
</table>
### 1. Action:
Rural Road Safety Programme (Speed Indication Device Implementation)

### 1a. Customer:
Residents of 18 Villages Across Antrim and Newtownabbey

### 1b. Timeframe:
Within 2 Years

### 1c. Overarching Action Lead:
Antrim and Newtownabbey PSNI L District

### 2. Outcome(s) & Indicator(s) contribution:

<table>
<thead>
<tr>
<th>Outcome(s)</th>
<th>Indicator(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Our citizens live in connected, safe, clean and vibrant places</td>
<td></td>
</tr>
</tbody>
</table>

### 3. Performance Measures:

<table>
<thead>
<tr>
<th>How Much (Quantity)</th>
<th>How Well (Quality)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Villages participating in the scheme.</td>
<td>% primary school children traveling actively to school.</td>
</tr>
<tr>
<td>Number of people killed or injured in Road Traffic Collisions</td>
<td>Number of advisory notices issued.</td>
</tr>
<tr>
<td>Number of Workshops in Schools</td>
<td>% of villages with a community road safety initiative.</td>
</tr>
<tr>
<td>Number of Road Safety Initiatives.</td>
<td></td>
</tr>
</tbody>
</table>

### 3a. Performance Data:
There has been a major shift in Driver Awareness of Village Speed Limits (restricted roads) and the associated change from national speed limit sections of carriageway. This has been noted by way of engagement with community groups and residents associations.

18 villages will be participating in the scheme in the near future, currently there are 6 Speed Indication Devices in operational use.

The number of Road Traffic Collisions both Non Injury and Injury

The Delivery of Schools Education Programs in relation to Road Safety.. (Similar to recent engagement in Ballyrobert Primary School)

### 3b. Progress:
(Self-Assessment)

<table>
<thead>
<tr>
<th>Red</th>
<th>Amber</th>
<th>Green</th>
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<tbody>
<tr>
<td></td>
<td>⭕</td>
<td></td>
</tr>
</tbody>
</table>
### Justification:
Amber grading has been selected due to community anecdotal evidence from engagement on social media and local police engagement with village committees. The scheme has been successful in respect of driver speed reduction, driver awareness, road safety education. The District would have a number of similar locations this scheme could be extended to cover. The role out of the schemes is progressing with minor issues in relation to insurance and site permissions being resolved.

### 4. The Story behind the Baselines:
Antrim and Newtownabbey has a number of small villages set in rural locations which act as centres of rural life in County Antrim. Many have a small village theme with Primary Schools, Small Shops, Post Offices and other community amenities. Due to the remote locations speed restrictions are in force within village limits. The PSNI in L District monitor speed and enforce Traffic Legislation in a proportionate manner. The introduction of the speed indicator devices gives motorists an immediate reminder of their speed with clear instruction to reduce speed when necessary to reduce speed. The schemes have been developed through Rural Development Plan prioritising road safety as being a consistent concern for rural communities.

### 5. Data Development Agenda:

### 6. Partners
PSNI, GROW, PCSP, Education Authority, Road Safety Committees and a 4 Village Committees.

### 7. Best Ideas to Improve Performance
Local Police will continue to engage with rural communities to monitor the support and associated benefits from this scheme. District Police will continue to work in Partnership with the Police and Community Safety Partnership.

**Key support Partner:**
PCSP
1. **Action:** Improve access to and provision of play and recreational facilities across the Borough

1a. **Customer:** Residents of Antrim and Newtownabbey Borough

1b. **Timeframe:** Medium term (2-5 years)

1c. **Overarching Action Lead:** Sport Northern Ireland & ANBC

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### 2. Outcome(s) & Indicator(s) contribution:

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<thead>
<tr>
<th>Outcome(s)</th>
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<tr>
<td>Our Citizens enjoy good health and well-being</td>
<td>Exercise and physical activity are acknowledged as important ways to stay well both physically and mentally better off</td>
</tr>
<tr>
<td>Our Citizens achieve their full potential</td>
<td>1 in 5 people in Antrim and Newtownabbey have a prescription for a mood or anxiety disorder. Whilst slightly lower than the NI average, this figure is still high and is rising.</td>
</tr>
<tr>
<td></td>
<td>1 in 8 people in Antrim and Newtownabbey are registered as suffering from high blood pressure (hypertension) which is higher than the Northern Ireland average.</td>
</tr>
<tr>
<td></td>
<td>Whilst our citizens are active, with 34% of respondents to a Sport NI survey reporting that they did 30 minutes of physical activity per week, 10.7% have mobility or dexterity difficulty.</td>
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</tbody>
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### 3. Performance Measures:

<table>
<thead>
<tr>
<th>How Much (Quantity)</th>
<th>How Well (Quality)</th>
<th>Better Off (Impact)</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Increase Leisure centre memberships</td>
<td>% people who have increased their level of activity</td>
<td>Improved Health and Well-Being</td>
</tr>
<tr>
<td>• Improve Play areas</td>
<td>% people who have participated in a new activity</td>
<td></td>
</tr>
<tr>
<td>• Leisure Grants</td>
<td>% people who have sustained participation in a new activity</td>
<td></td>
</tr>
<tr>
<td>• Increase participation in through activity programmes and events</td>
<td></td>
<td>No or % people reporting improved fitness</td>
</tr>
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### 3a. Performance Data:

Not available for this action as action is still at planning & design stage.

### 3b. Progress:

**Progress:**

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**Justification:**

This is a medium term action (2-5 years), formation of the group and development of an action plan is the short term actions.

### 4. The Story behind the Baselines:

Antrim and Newtownabbey Leisure Strategy highlights the Council's overall vision to make more people, more active, more often.

To assist the Council to deliver this vision, five key themes have been identified which will be the priority:

**PRICING**

- Review the pricing model, to make it more affordable and accessible to ensure greater participation in leisure and physical activity opportunities.

**PLACES, PROGRAMMING AND PARTICIPATION**

- Increase regular and sustainable participation through innovative programming, which maximises attendances and improves equality of access to leisure and physical activity.

  - Allocate resources for a planned maintenance and refurbishment programme to ensure quality Council facilities and provide optimum opportunities for individuals to participate in leisure activities.

**PEOPLE**

- Develop volunteers, clubs, organisations and groups that promote the range of leisure activities and provide support to ensure that they are stronger, more sustainable and enabled to provide increased opportunities for residents.

**PERFORMANCE**

- Review the leisure operating model to ensure the most prudent use of resources, maximise and develop facilities and services

### 5. Data Development Agenda:

Data such as:

- Leisure Centre Memberships
- Attrition rates
- Usage
- Participation figures throughout Funded programmes, including Physical Activity Referral programme, Every Body Active and Macmillan.

### 6. Partners

Sport NI, ANBC, Disability Sport NI, Health Trusts, Education Authority, Outdoor Recreation NI, PHA, UU, Age NI, Mae Murray Foundation and Playboard.

### 7. Best Ideas to Improve Performance

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<th>2. Development of implementation plan</th>
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**1. Action:** Improve access to and provision of play and recreational facilities across the Borough for people with a disability

**1a. Customer:** Residents of the Antrim and Newtownabbey Borough with a disability

**1b. Timeframe:** Medium term (2-5 years)

**1c. Overarching Action Lead:** Sport Northern Ireland & ANBC

**2. Outcome(s) & Indicator(s) contribution:**

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<td>Number of fully inclusive recreational facilities across the Borough.</td>
<td>N/A</td>
</tr>
<tr>
<td>Number of Clubs with inclusive sports</td>
<td>% Leisure/Recreation Facilities with DSNI accreditation</td>
</tr>
<tr>
<td>Number of Clubs with coaches trained to include those with a Disability</td>
<td>% Local Clubs with DSNI inclusive Sport or inclusive Club Award</td>
</tr>
<tr>
<td>Types of classes and programmes available to people with a disability</td>
<td>Active promotion of fully inclusive recreational facilities across the Borough.</td>
</tr>
<tr>
<td></td>
<td>% Play area with accessible/inclusive equipment</td>
</tr>
<tr>
<td></td>
<td>% of special schools providing access to play areas.</td>
</tr>
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- Increased use of Radar Key to access accessible equipment.
- % Leisure centre membership with disability

**Better Off (Impact)**
Improved Health and Well-Being
- Improved social inclusion
- Improved facilities

### 3a. Performance Data:
Not available for this action as action is still at planning & design stage.

### 3b: Progress:
**(Self-Assessment)**

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To assist the Council to deliver this vision, five key themes have been identified which will be the priority:

**PRICING**
- Review the pricing model, to make it more affordable and accessible to ensure greater participation in leisure and physical activity opportunities.

**PLACES, PROGRAMMING AND PARTICIPATION**
- Increase regular and sustainable participation through innovative programming, which maximises attendances and improves equality of access to leisure and physical activity.
  - Implementation of the Disability Sports Hub equipment which has enabled use of accessible sports equipment such as Bikes and Trikes.
  - Improved access to Leisure centre swimming via state of the art pool pod equipment.
  - Upgrade and improvement of Leisure centre accessible changing places
  - Allocate resources for a planned maintenance
  - New activity classes such as Wheelie Active, Inclusive summer camps and golf programmes for visually impaired.

**PEOPLE**
- Develop volunteers, clubs, organisations and
groups that promote the range of leisure activities and provide support to ensure that they are stronger, more sustainable and enabled to provide increased opportunities for residents.

**PERFORMANCE**
- Review the leisure operating model to ensure the most prudent use of resources, maximise and develop facilities and services

### 5. Data Development Agenda:

Data such as:
- % Leisure Centre Memberships with Disability
- Attrition rates for those with a disability
- Usage of centre and participation in programmes of those with a disability
- Participation figures throughout Funded programmes, including Physical Activity Referral programme, Every Body Active (one of the key priorities disability) and Macmillan.

### 6. Partners

Sport NI, ANBC, Disability Sport NI, Health Trusts, Education Authority, Community Rep, Outdoor Recreation NI, PHA, UU, Age NI, Mae Murray Foundation and Playboard.

### 7. Best Ideas to Improve Performance

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