

ANTRIM FORUM LEISURE CENTRE - Valid from Monday 7th January 2019

CHILDREN'S CLASS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Calming Capers (5-11yrs)	4pm – 5pm						
Funky Fit (5-7yrs)			3.30pm – 4.15pm				
Funky Fit (8 – 11yrs)			4.30pm – 5.15pm				
Pace Family (8+) <i>Adult must participate</i>	6pm – 6.45pm						
Teen Spin (11-15yrs) <i>Height dependant</i>			5pm – 5.45pm			12pm – 12.45pm	
Tadpole Class Preschool <i>(Term Time only)</i>			12.30pm – 1pm		12.30pm – 1pm		
Soft Play (Preschool) Parent & Toddler <i>(Term Time only)</i>			10.30am – 11.30am				
Fundamental Athletics (4 – 11yrs)			3.30pm – 4.30pm				
Strikers Football (5-7yrs)					3.45pm – 4.45pm		
Strikers Football (7 – 11yrs)					5pm – 6pm		
Family Circuits (11+) <i>Adult must participate</i>			6pm – 6.45pm				
Wildcats (4-6yrs)		3.30pm – 4.20pm					
Wildcats (7-9yrs)		3.30pm – 4.20pm					
Children's Boot Camp (8 – 14yrs)						2.15pm - 3pm	

- Age Limits & Terms and Conditions apply