



Crumlin Leisure Centre – Children/ Teen Class Timetable – March 2019

*= Teen class age 10-17 years

= ages 4 – 9 years

FITNESS CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Teen Circuits *					5.45 – 6.30pm	
Dance 9-10am (4-7 years) 10-11am (8-14 years)						9-10.00am 10-11.00am
Fundamental Athletics #					4.00 -5.00pm	
Wild Cats (age 4 – 9 year olds) #				4.00 – 4.50pm		
Zumba Teen*			7.15 -8.00pm			