

**Crumlin Leisure Centre – Children/ Teen Class Timetable – November 2019**

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| **FITNESS CLASSES** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| Teen Circuits **\*** |  |  |  |  | **5.45 – 6.30pm** |  |
| Dance  9-10am (4-7 years)  10-11am (8-14 years) |  |  |  |  |  | **9-10.00am**  **10-11.00am** |
| Fundamental Athletics **#** |  |  |  |  | **4.00 -5.00pm** |  |
| Wild Cats (age 4 – 9 year olds) **#** |  |  |  | **4.00 – 4.50pm** |  |  |

\*= Teen class age 10-17 years # = ages 4 – 9 years