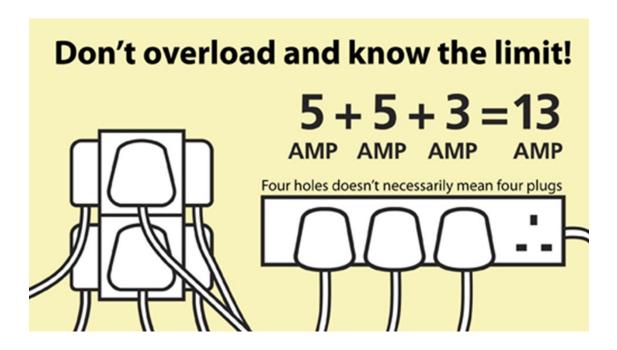




Home Safety: Preventing Fires

- Switch off appliances that cannot be left running 24/7. Don't run dishwashers, washing machines, tumble dryers or other appliances running overnight.
- Charge mobile phones or devices before going to bed - Don't leave charging over night.
- Do not smoke in bed or in your arm chair when sleepy. Use an ashtray and make sure cigarettes are extinguished properly.
- Do not leave candles unattended and do not place them on plastic surfaces or near soft furnishings. Use a metal or heat proof holder.
- Take care not to overload electrical sockets as this can lead to overheating.



- Avoid using chip pans.
- Plan an escape route and keep it free from clutter and ensure easy access to the front/back door key day and night.
- There should be at least 1 working smoke alarm per floor, situated on the ceiling away from walls and light fittings.
- Test your smoke alarms every week pick a day to test them on each week

EVERY

Useful tip you can use a brush shaft or helping hand to test it without climbing.

Did you know?....

- NI Fire & Rescue Service offer free Fire Safety
 Checks and information to over 50's They can
 check smoke alarms and fit new ones if required.
 Visit www.nifrs.org to complete an online applica tion or phone 028 9266 4221
- If you can't hear your smoke alarm you can get support from the Northern Health & Social Care Trust Sensory Support Team. Phone 028 2586 3800 or email sensorysupport@northerntrust.hscni.net